

# Triple P Program Status Report

DECEMBER 2022 | DIAKON

## BASIC INFO

Diakon first introduced The Triple P Program in Lehigh and Northampton Counties in 2020 with a grant from PCCD. In 2021, Diakon received a second PCCD grant to expand delivery of the Triple P curriculum to the following counties: Lehigh, York, Perry, Mifflin, Chester, Delaware, and Cumberland. This Status Report is a summary of the second grant between March 1, 2021 and December 31, 2022.

## PROJECT GOALS

Deliver Triple P Level 4 to caregivers at no cost within the 7 counties.

- Level 4 Standard offered to parents/caregivers of children 0-12 years old
- Level 4 Standard Teen offered to parents/caregivers of youth 12-17 years old
- Level 4 Group offered to parents/caregivers of children 0-12 years old
- Level 4 Group Teen offered to parents/caregivers of children 0-12 years old

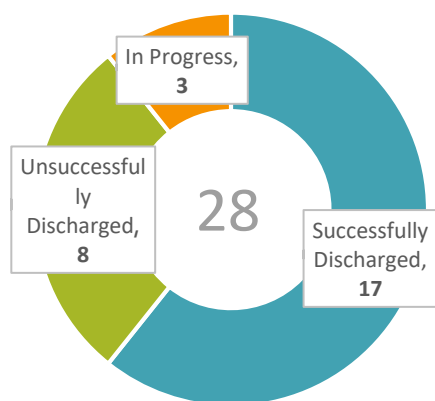
### Immediate Outcomes

Child Outcomes	Parent Outcomes	Community Outcomes
Improved child behavior	Decreased parent stress, anxiety, depression	Increased access to parenting support
Decreased adverse childhood experiences	Improved marital satisfaction	Decreased child maltreatment
Increased self-control	Decreased parent conflict	Decreased out-of-home placements
Improved parent-child relationship	Increased parental confidence	Facilitate better communication

### Distal Outcomes

Decreased stigma in seeking parenting support
Reduced substance abuse for parents/youth
Increased graduation rates
Less crime, lower rates of incarceration
Decreased mental health diagnosis
Better physical health for parents/youth

## CURRENT PARTICIPATION STATUS

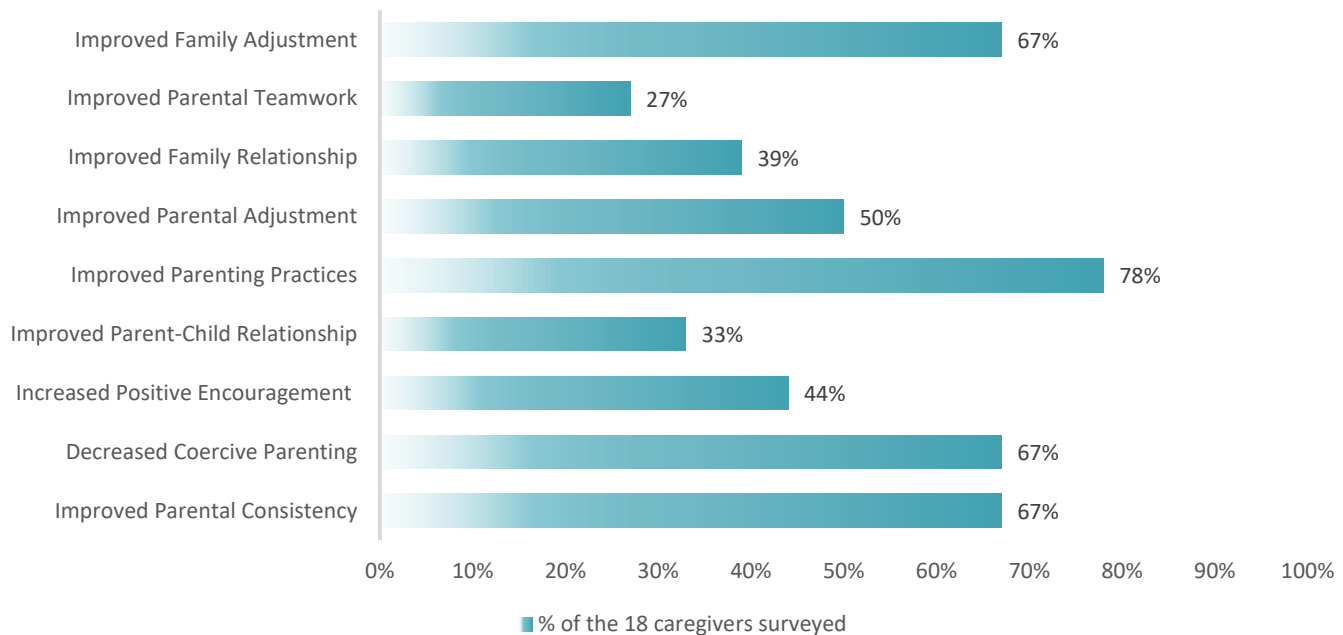


- Between August 2021 and December 2022, a total of **28** caregivers were opened with the delivery of Triple P.
- Of these **28** caregivers:
  - **17** have been **successfully discharged** = attended all sessions
  - **8** have been **unsuccessfully discharged** = did not attend all sessions
  - **3** are still **in progress**

## TRIPLE P OUTCOMES MEASURED BY PRE- AND POST-SURVEYS

- Pre- and Post-Surveys (PAFAS & SDQ) are completed by parents/caregivers during first session and the final session to determine the effectiveness of the program. There were a total of 18 caregivers who completed both the PAFAS and SDQ Pre- and Post-Surveys.

### PARENTING AND FAMILY ADJUSTMENT SCALES (PAFAS)



### STRENGTHS AND DIFFICULTIES QUESTIONNAIRE (SDQ)

